


Government College Mandi Hariya Ch.Dadri
Session (2024-2025)
Odd Semester

Name-Dr. Arjun Sharma

Department of Psychology

B. A. Ist Sem Human Values and Ethics 24 UN-PSY-VAC101

Week	Topic
Fourth week of July	Human Values and Ethics
First week of August	Meaning and Nature of Human Values
Second week of August	Significance of Human Values
Third week of August	Relation between Values and Ethics
Fourth week of August	Relevance of Human Values
First week of September	Empathy
Second week of September	Lokasangrah
Third week of September	Brahmvihara
Fourth week of September	Integrity
First week of October	Theory of Naya
Second week of October	Deontology
Third week of October	Virtue ethics
Fourth week of October	Utilitarianism
Fifth week of October	Diwali Vacations(Last three Days)
First week of November	Diwali Vacations(First three Days)
Second week of November	Assignment presentation
Third week of November	Class test and Revision
Fourth week of November	Exams



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Session (2024-2025)

Odd Semester

Name-Dr. Arjun Sharma Department of Psychology

B.A.1st Semester Foundations of Psychology 24UN-PSY-101

Week	Topic
Fourth and Fifth week of July	Introduction: Nature and Scope of Psychology
First week of August	Psychology as a science and present status (Practical 1- Personality Test)
Second week of August	Interview and case study method
Third week of August	Experimental method (Practical 2- Verbal test of Intelligence)
Fourth week of August	Pre Scientific Psychology: Eastern and Western Thoughts Schools of Psychology: Associationism (Subject matter, Methods and Contributions)
First week of September	Schools of Psychology: Structuralism (Subject matter, Methods and Contributions)
Second week of September	Schools of Psychology: Gestalt (Subject matter, Methods and Contributions)
Third week of September	Sensation Types and Characteristics (Practical 3- 16 PF)
Fourth week of September	Visual Sensation and Auditory sensation
First week of October	Attention: Nature and Characteristics (Practical 4- RPM)
Second week of October	Personality: Nature and Factor affecting personality (Assignment and Presentation)
Third week of October	Theories: Allport, Cattell And Eyesenck
Fourth week of October	Intelligence: Nature and Factor affecting intelligence (Practical 5- Colour Blindness)
Fifth week of October	Diwali Vacations
First week of November	Theories: Spearman Thurstone and Cattell
Second week of November	Class test and Revision
Third week of November	Revision
Fourth week of November	Exams



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Name-Dr. Arjun Sharma

Department of Psychology

B.A.3rd Semester Psychological Disorders 20UPSY301

Week	Topic
Fourth and Fifth week of July	Basic concept, Criteria of Abnormality, classification, Meaning, Purpose Approaches to Psychopathology: Psychodynamic (Practical1-Anxiety scale)
First week of August	Approaches to Psychopathology: Behavioral Cognitive and Cultural
Second week of August	Generalized Anxiety Disorder (Practical 2-Depression Inventory)
Third week of August	Unipolar and Bipolar
Fourth week of August	Learning disability-Dyscalculia, Dysgraphia and Dyslexia
First week of September	Schizophrenia (Practical 3-Clinical Interview)
Second week of September	Treatment: Pharmacotherapy and ECT
Third week of September	Psychoanalytic therapy (Practical 4-Case History)
Fourth week of September	Behavior therapy
First week of October	CBT
Second week of October	Obsessive Compulsive Disorder (UnitTest1)
Third week of October	DSM-IV(TR), Diasthesis stress model (Practical 5- WAT)
Fourth week of October	Assignment and presentation along with Revision
Fifth week of October	Diwali Vacations (Last three Days)
First week of November	Diwali Vacations (First three Days)
Second week of November	Revision
Third week of November	Revision
Fourth week of November	Exams



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Odd Semester

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Department of Psychology

B.A.3rd Personality Development 22PSY101

Week	Topic
Fourth and Fifth week of July	Introduction to personality development. Concept of personality and its dimensions
First week of August	Theories of Freud and Erickson and Concept of success and failure
Second week of August	Hurdles in achieving success overcoming hurdles factors responsible for success
Third week of August	Attitude and Motivation concept significance factors Affecting attitude positive and negative attitude advantages and disadvantages
Fourth week of August	Ways to develop positive attitude Difference between personalities having positive and negative attitude
First week of September	Concept of motivation-internal and external, self-motivation factors leading to de motivation
Second week of September	Self-esteem concept do's and don'ts to develop positive self-esteem. Low self-esteem person having low self esteem
Third week of September	Positive and negative self-esteem. Interpersonal Relationship aggressive submissive and assertive behavior
Fourth week of September	Lateral Thinking
First week of October	Aspect of personality development. Development of body language. Problem solving. Conflict and stress Management decision making skills
Second week of October	Leadership and qualities of a successful leader
Third week of October	Character building and team work
Fourth week of October	Time management work ethics good manners etiquette
Fifth week of October	Diwali Vacations(Last three Days)
First week of November	Diwali Vacations(First three Days)
Second week of November	Assignment presentation
Third week of November	Class test and Revision
Fourth week of November	Exams



Government College Mandi Hariya Ch. Dadri

Session (2024-2025)

Odd Semester

Name-Dr. Arjun Sharma

Department of Psychology

B.A. 5th Developmental Psychology 20UPSY503

Week	Topic
Fourth and Fifth week of July	Human development concept and principles
First week of August	Human Development: Biological (Practical 1-Emotional Maturity Scale)
Second week of August	Human Development: Social and Cultural
Third week of August	Pre Natal development: determinant
Fourth week of August	Pre Natal development: stages (Practical 2-Selfconcept)
First week of September	Infancy: Characteristics Hazards and Adjustment
Second week of September	Childhood: Characteristics and Perceptual development
Third week of September	Childhood: Motor development and Cognitive development
Fourth week of September	Childhood: Emotional development (Practical 3-Youth problem Inventory)
First week of October	Adolescents Characteristics and Problems of Adolescents and adjustment
Second week of October	Adulthood: Early Adulthood aging Physical conditions (Practical 4-Study of Values)
Third week of October	Personal relationship financial and emotional problems
Fourth week of October	Death anxiety (Practical 5- Parent Child relationship)
Fifth week of October	Diwali Vacations (Last three Days) Revision
First week of November	Diwali Vacations (First three Days) Revision
Second week of November	Assignment presentation and class test
Third week of November	Revision
Fourth week of November	Exams

